

Name _____

CYCLE STACK

Record Your Best Times

Take a STACK break instead of a SNACK break to get your body and brain energized!

Day 1	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 2	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 3	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 4	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 5	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 6	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 7	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 8	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 9	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __

Day 10	Time
1st Try	__ : __
2nd Try	__ : __
3rd Try	__ : __
4th Try	__ : __
5th Try	__ : __
6th Try	__ : __
7th Try	__ : __
BEST TIME	__ : __



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